



network
OF COMMUNITY MINISTRIES



Fall into
SENIOR

THURSDAY

**Every Thursday from
9 am to 2 pm.**

This month, join us for

- **11/7-** Richard Cudlipp discusses Veteran's Day, and performance by Class Act Tap Dancers
 - **11/14-** Entertainer Shanna Divine
 - **11/21-** Thanksgiving Luncheon
 - **11/28- CLOSED FOR THANKSGIVING**
- **Weekly chair yoga, devotionals, hot lunches and new friendships!**

BINGO OFFERED MONTHLY

**Free and open to all in the community
who are over the age of 60!**

1500 International Parkway Ste 300

Nov. 7

- **9 - 10 am:** Breakfast with Eve
- **10 am:** Chair Exercise with Renata
- **10:30 am:** Richard Cudlipp Veteran's Day Remembrance
- **11:15 am:** Class Act Tap Dancer
- **Noon:** Lunch provided by DFW HIMSS FY23

Nov. 14

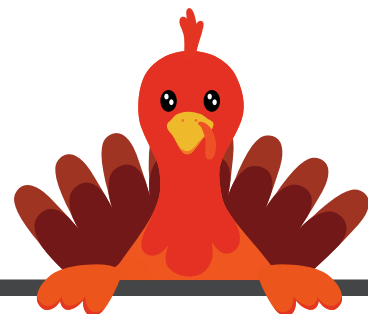
- **9 - 10 am:** Coffee, Trivia, and News
- **10 am:** Chair Exercise with Renata
- **10:45 am:** Rock to the sounds of Shanna Divine
- **11:45 am:** Trivia
- **Noon:** Lunch provided by First United Methodist Church Richardson

Nov. 21

- **9 - 10 am:** Coffee, Trivia, and News
- **10 am:** Chair Exercise with Renata
- **10:30 am:** Trivia and What are You Thankful For
- **12 pm:** Thanksgiving Lunch provided by Network Staff and Episcopal Church of the Epiphany

Nov. 28

**Closed
for
Thanksgiving**





network
OF COMMUNITY MINISTRIES



Skate on in to

**SENIOR
THURSDAY**

**Every Thursday from
9 am to 2 pm.**

This month, join us for

- **12/5-** Plano Chamber Choir Presents Dickens Christmas, and Merry Miller Sing a long Christmas
- **12/12-** Apollo Middle School Choir, Mark Twain Elementary School Choir
- **12/19-** Class Act Tap Dancers
- **12/28- CLOSED FOR HOLIDAYS**
- **Weekly chair yoga, devotionals, hot lunches and new friendships!**

BINGO OFFERED MONTHLY

**Free and open to all in the community
who are over the age of 60!**

1500 International Parkway Ste 300

jkovacs@thenetwork.org

**972-234-8880
ext. 105**

Dec. 5

- **9 - 10 am:** Breakfast with Eve
- **10 am:** Plano Chamber Choir Dickens Christmas
- **11 am:** Sing a Long with Merry Miller and her Mother
- **11:45 am:** Trivia
- **Noon:** Lunch provided by Altrusa International of Richardson

Dec. 12

- **9 - 10 am:** Coffee, Trivia, and News
- **10 am:** Chair Exercise with Renata
- **10:30 am:** Apollo Middle School Choir sings Christmas Carols
- **11 am:** Mark Twain Elementary School Choir sings Christmas Carols
- **Noon:** Lunch provided by First United Methodist Church

Dec. 19

- **9 - 10 am:** Coffee, Breakfast provided by "Inspired to Help"
- **10 am:** Chair Exercise with Renata
- **10:30 am:** Trivia
- **11 am:** Class Act Tap Dancers Holiday Program
- **Noon:** Lunch provided by Episcopal Church of the Epiphany

Dec. 28

Network

Closed

Happy Holidays