



network
OF COMMUNITY MINISTRIES



Spring into

SENIOR THURSDAY

**Every Thursday from 9 am to 2 pm,
we've got food, fun and fellowship!**

This month, join us for

- **5/1- Dallas Banjo Band & Pearce High School Folklorico**
- **5/8- Mother's Day Tea & Luncheon with Richardson Symphony Orchestra Harpist & Flautist**
- **5/15- Scams, Fraud, and Identity Theft**
 - **5/22- Texas Jazz Band**
- **5/29- It's always a Party with Marty**
- **Weekly chair yoga, devotionals, hot lunches and new friendships!**

BINGO OFFERED MONTHLY

**Free and open to all in the community
who are over the age of 60!**

1500 International Parkway Ste 300

May 1

- **9 am:** Coffee, trivia, and “What’s in the News”
 - **9:45 am:** Sit & Get Fit
 - **10:15 am:** Dallas Banjo Band
- **11:30 am:** Pearce High School Folklorico entertains
 - **Noon:** Eve cooks lunch

May 8

- **9 - 10 am:** Coffee, trivia, and “What’s in the News”
- **9:45 am:** Sit & Get Fit
- **10:30 am:** Mother’s Day Craft
- **Noon:** Luncheon provided by First United Methodist Church, Tea & Cookies provided by Altrusa International, Inc. of Richardson, Harpist & Flautist from Richardson Symphony Orchestra

May 15

- **9 am:** Coffee, trivia, and “What’s in the News”
- **10 am:** Sit & Get Fit
- **10:45 am:** Steve Benton From Senior Source, Scams, Fraud, and Identity Theft
- **Noon:** Lunch provided by Episcopal Church of the Epiphany

May 22

- **9 am:** Coffee, trivia, and “What’s in the News”
- **10 am:** Sit & Get Fit
- **11 am:** Performance by the Texas Jazz Band
- **Noon:** Lunch provided by Dallas Service Forum

May 29

- **9 am:** Coffee, trivia, and “What’s in the News”
- **10 am:** Sit & Get Fit
- **10:45 am:** Party with Marty Ruiz
- **Noon:** Lunch provided by Women In Network